

# We need your help

Do you have friends, relatives or neighbors who may qualify for this program? If so, please show them this pamphlet.

For an appointment or more information, please call or visit online:

- Blue Mountain Action Council  
Walla Walla: 509-529-4980
- Chelan-Douglas Community Action Council  
Wenatchee: 509-662-6156
- Coastal Community Action Program  
Aberdeen (Grays Harbor County):  
800-828-4883 or 360-533-5100  
[www.coastalcap.org](http://www.coastalcap.org)
- Community Action Connections  
Pasco (Benton/Franklin Counties): 509-545-4042  
Prosser: 509-786-3379  
[www.bfcac.org](http://www.bfcac.org)
- Community Action Council  
Shelton (Mason County): 360-426-9726 or  
800-878-5235  
[www.caclnt.org](http://www.caclnt.org)
- Community Action of Skagit County  
Mount Vernon (Skagit County): 360-428-1011
- Kitsap Community Resources  
Bremerton (Kitsap County): 360-479-1507  
[www.kcr.org](http://www.kcr.org)
- Lower Columbia Community Action Council  
Longview (Cowlitz/Wahkiakum Counties):  
360-425-3430 or 800-383-2101
- NW Community Action Center  
South Yakima Counties: 509-865-7630  
[www.ncactopp.org](http://www.ncactopp.org)
- OIC of Washington  
Yakima (Upper Yakima County): 509-248-6751  
Grant/Adams Counties: 509-765-9206
- The Opportunity Council  
Bellingham (Whatcom County): 360-255-2192  
Oak Harbor (Island County): 360-679-6577
- Snohomish County Human Service Department  
Everett (Snohomish County): 425-388-3880



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[www.cngc.com](http://www.cngc.com)

# Once in awhile, we all need a helping hand.

LIHEAP helps low-income families pay their heating bills.



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*In the Community to Serve®*

**LIHEAP**  
**Washington Energy Assistance**

# What is Energy Assistance or LIHEAP?

The Low Income Home Energy Assistance Program is a federally funded program for qualified households that provides a one-time benefit (per program year) to assist with heating costs.

## Essential Energy Assistance Facts

1. Contact your local Community Action Council to see if you qualify.
2. The financial eligibility requirement is at or below 125 percent of federal poverty guidelines (see chart below).
3. Both homeowner and renter households are eligible.
4. There is a one-time benefit per year (program year Oct. 1-June 30).
5. Participants must re-apply each year (program year Oct. 1-June 30).

### **\*IMPORTANT\***

You must contact your local Community Action Agency to apply for energy assistance. See list of agencies on the back cover.

## Use this chart to see if you qualify for 2019-20 heating season

Family Size	Average Monthly Income	Average Monthly Income for Wage Earners	Annual Gross Income	Family Size	Average Monthly Income	Average Monthly Income for Wage Earners	Annual Gross Income
1	\$1,301	\$1,626	\$15,613	8	\$4,524	\$5,655	\$54,288
2	\$1,762	\$2,203	\$21,138	9	\$4,984	\$6,230	\$59,813
3	\$2,222	\$2,778	\$26,663	10	\$5,445	\$6,806	\$65,338
4	\$2,682	\$3,353	\$32,188	11	\$5,905	\$7,381	\$70,863
5	\$3,143	\$3,929	\$37,713	12	\$6,366	\$7,958	\$76,388
6	\$3,603	\$4,504	\$43,238				
7	\$4,064	\$5,080	\$48,763				

For more information on LIHEAP Household Energy Assistance, visit the Department of Commerce website at [www.commerce.wa.gov](http://www.commerce.wa.gov) or email [LIHEAP@commerce.wa.gov](mailto:LIHEAP@commerce.wa.gov).

Si le gustaría recibir esta información en Español, favor de llamar Cascade Natural Gas: 1-888-522-1130.